

Montmorency County Senior News

11463 McArthur Road, P.O. Box 788, Atlanta, MI 49709

web www.montmorencycoa.org

July, 2024

Issue 89



Office Hours
Monday - Thursday
8:30 a.m. - 4:30 p.m.

989-785-2580

MCCOA 2024 Board Meeting Dates

July 25, 2024

Aug 15, 2024

September 19, 2024

Board Meeting 5:30 pm at
MCCOA Office

MCCOA BOARD MEMBERS

Chairperson

Don Edwards , Vice Chairperson

Corleen Proulx, Treasurer

Vacant, Secretary

Vacant, Lewiston Trustee

Jacquelyn Lardie, Atlanta Trustee

Joe Bouchey, Hillman Trustee

Don Edwards, County Commissioner

MCCOA STAFF

Beverly Crawford, Executive Director

bcrawford@montmorencycoa.org

Jeanne Steele-Brady, Registered Nurse

jsteelebrady@montmorencycoa.org

Linda Kline, In Home Coordinator

lkline@montmorencycoa.org

Karen Balcom, Administrative Assistant

kbalcom@montmorencycoa.org

Director's Corner



Dear Community,

This year marks a significant milestone for us at MCCOA: 50 years of dedicated service to our elderly community. We're grateful for your continued support and look forward to celebrating this achievement with you. Stay tuned for details about our upcoming picnic-it's going to be a wonderful time for us all to come together and enjoy.

As summer heat intensifies, it's essential to stay cool and hydrated, especially as we age. Our bodies find it harder to cool off and maintain hydration, so please remember to drink plenty of water, seek shade, and wear light clothing. Your health and well-being are our top priority.

Secretary of State will be visiting us again on August 1, 2024. If you need their services, please call ahead to secure an appointment at the MCCOA office.

The MCCOA office and all Senior Centers will be closed July 4th, to observe Independence Day. Also, on July 18th, the office will be closed for training.

Remember, stay cool, stay hydrated, and thank you for being part of our community.

Beverly Crawford

VOLUNTEER OPPORTUNITIES

For adults 55+ in Alcona, Alpena, Arenac, Cheboygan,
Crawford, Iosco, Montmorency, Ogemaw, Oscoda,
Otsego, Presque Isle, and Roscommon Counties



For more information: visit www.nemcsa.org or call 1.877.222.9043

Classroom Grandparent Program (FGP)

Volunteers serve children with special or exceptional needs in supervised classrooms and Head Start Centers.

- *Schedule of 20 hours per week.
- *Non-taxable stipend of \$4.00 per hour.
- *Mileage reimbursement to and from service.
- *Supplemental/excess insurance during service
- *Annual recognition event.

income eligibility requirements apply

Retired Seniors Volunteer Program (RSVP)

America's largest volunteer network for people age 55 and older with over 300,000 volunteers tackling tough issues in their communities

- *Placements tailored to your skills and interests.
- *Flexible schedule.
- *Supplemental/excess insurance during service.
- *Mileage reimbursement.
- *Annual recognition event.

You choose how and where you'd like to serve!

excludes Otsego county

Senior Companion Program (SCP)

Volunteers provide friendship, socialization and companionship to other seniors who would benefit from increased socialization

- *Schedule of 20 hours per week.
- *Non-taxable stipend of \$4.00 per hour.
- *Mileage reimbursement to and from service.
- *Supplemental/excess insurance during service
- *Annual recognition event.

income eligibility requirements apply

MARKET FRESH COUPONS AVAILABLE

We still have coupons available at the MCOA office for seniors 60 and older with incomes below the poverty level of 185%. Stop by and get a packet worth \$25. You may also designate a proxy to represent you to purchase the items that you need. At this time we only have one packet of coupons per person. We hope you enjoy all the fresh vegetables and fruit that the markets have available.



What's Happening



Please contact the MCCOA office at 989-785-2580 to make an appointment for our next mobile Secretary of State, which will be August 1st from 10am-3pm.

This is a public event for everyone.

MCCOA OFFICE

We have non perishable food items at the MCCOA Office for our seniors.

You may stop in Monday thru Thursday from 9am until 3pm . Please bring your own shopping bags.



HILLMAN - 11 Until Gone

Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

June 5 & 18, 2024

Hillman Contact: Barb Durflinger

989-742-2790

For your safety, this will be a drive up distribution. Please remain in your vehicle.

May pick up for more than one family.
No Income requirements.

May begin earlier to lessen traffic.

First come - First served. Limited supply.

H.A.R.P

Hillman Area Resource Pantry
NEW BEGINNINGS MINISTRIES

16960 Co. Rd. 459

989-742-2539

First Tuesday 9:00-11:00 A.M.

Third Tuesday 4:00-6:00 P.M.

July, 2024 ATLANTA SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING






Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.

with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE Call in reservations must be made before 11 am at **(989) 785-3932.**

At this time walk-in reservations are restricted.

For home delivered meal cancellations please call (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
1. Swiss Steak Mashed Potatoes Mixed Vegetables Pears	2. Goulash Tossed Salad California Blend Mixed Fruit	3. BBQ Chicken Baked Potato Broccoli Salad Peaches		5. Closed
8. Scrambled Eggs Sausage Potatoes O'Brien Applesauce	9. Taco Salad Mexican Rice Mandarin Oranges	10. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	11. Cabbage Rolls Boiled Potatoes Carrots Pears 	12. Closed
15. Pork Chops Mashed Potatoes Green Beans Applesauce	16. Chicken Sandwich Macaroni Salad Northwest Blend Peaches	17. Beef Pepper Steak Over Rice Mixed Vegetables Cauliflower Mandarin Oranges	18. Meatloaf Scalloped Potatoes Peas Pears 	19. Closed
22. Country Fried Steak Mashed Potatoes Carrots Mixed Fruit	23. Chicken Alfredo Over Noodles Tossed Salad California Blend Peaches	22. Sweet & Sour Meatballs over Rice Broccoli Peas Pineapple	25. Pork Roast Mashed Potatoes Green Beans Applesauce 	26. Closed
29. Ham Baked Beans Prince Charles Blend Pineapple	30. Veal Parmesan Spaghetti Northwest Blend Tossed Salad Peaches	31. Oven Fried Chicken Baked Potato Green Beans Ambrosia Salad	Atlanta Senior Center 1178 M 33 N 989-785-3932	Closed

EXERCISE CLASS
Monday, Wednesday, & Friday
9:00 am—10:15 am

Wednesdays
Euchre 2-4
Atlanta Sr. Center

COMMODITIES
Seniors
(40 lbs.)
June 18, 2024
12:30-1:00

BUNCO/BINGO
Please call Cathy at (989) 350-5636 for Bunco or Linda for Bingo at (989) 785-6594
To make sure there is a partner available
(Every other Thursday)

Thunder Bay Quilt Guild
10 - 12:30 Tuesday
Please call Pam Achatz

July 2024 HILLMAN SENIOR CENTER MENU



PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at **(989)742-3013.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
1. Swiss Steak Mashed Potatoes Mixed Vegetables Pears	2. Goulash Tossed Salad California Blend Mixed Fruit	3. BBQ Chicken Baked Potato Broccoli Salad Peaches		5. Closed
8. Scrambled Eggs Sausage Potatoes O'Brien Applesauce	9. Taco Salad Mexican Rice Mandarin Oranges	10. Oven Fried Chicken Baked Potato Green Beans Ambrosia Salad	11. Cabbage Rolls Boiled Potatoes Carrots Pears	12. Closed
15. Pork Chops Mashed Potatoes Green Beans Applesauce	16. Chicken Sandwich Macaroni Salad Northwest Blend Peaches	17. Beef Pepper Steak Over Rice Mixed Vegetables Cauliflower Mandarin Oranges	18. Meatloaf Scalloped Potatoes Peas Pears	19. Closed
22. Country Fried Steak Mashed Potatoes Carrots Mixed Fruit	23. Chicken Alfredo Over Noodles Tossed Salad California Blend Peaches	24. Sweet & Sour Meatballs over Rice Broccoli Peas Pineapple	25. Pork Roast Mashed Potatoes Green Beans Applesauce	26. Closed
29. Ham Baked Beans Prince Charles Blend Pineapple	30. Veal Parmesan Spaghetti Northwest Blend Tossed Salad Peaches	31. BIRTHDAY TURKEY DINNER CAKE& ICE CREAM 	HILLMAN CENTER 431 PINE VIEW COURT 989-742-3013	Closed

<p>Commodities Seniors (40 lbs.) June 18, 2024 1:30-2:00</p>	<p>Open at 1pm Monday thru Thursday Puzzles, Wi-Fi & Library</p>
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Hillman Sr. Center
Board of Directors
Meeting
Every 2nd Monday 3 pm

EUCHRE
SUNDAY @ 1:30

Line Dancing and Quilting
Wednesdays at 10 am

EUCHRE TOURNAMENT EVERY 4TH
SATURDAY. MEAL AT 5 PLAY AT 6

June 2024 LEWISTON SENIOR MENU



PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M. at (989)786-3124.

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednes-	Thursday	Friday
1. Swiss Steak Mashed Potatoes Mixed Vegetables Pears	2. Goulash Tossed Salad California Blend Mixed Fruit	3. Closed		5. BBQ Chicken Baked Potato Broccoli Salad Peaches
8. Scrambled Eggs Sausage Potatoes O'Brien Applesauce	9. Taco Salad Mexican Rice Mandarin Oranges	10. Closed	11. Oven Fried Chicken Baked Potato Green Beans Ambrosia Salad	12. Cabbage Rolls Boiled Potatoes Carrots Pears
15. Pork Chops Mashed Potatoes Green Beans Applesauce	16. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	17. Closed	18. Beef Pepper Steak Over Rice Mixed Vegetables Cauliflower Mandarin Oranges	19. Meatloaf Scalloped Potatoes Peas Pears
22. Country Fried Steak Mashed Potatoes Carrots Mixed Fruit	23. Chicken Alfredo Over Noodles Tossed Salad California Blend Peaches	24. Closed	25. Sweet & Sour Meatballs over Rice Broccoli Peas Pineapple	26. Pork Roast Mashed Potatoes Green Beans Applesauce
29. Ham Baked Beans Prince Charles Blend Pineapple	30. Veal Parmesan Spaghetti Northwest Blend Tossed Salad Peaches	31. Closed		Lewiston 50 + Club 2811 Kneeland 989-786-3124

Commodities

Seniors
(40 lbs.)
June 18, 2024
11:30-12:00

Exercise Class:

Monday, Wednesday,
Thursday &
Friday at 10a.m.
Come Join Us!



Every Wednesday
Doors open at 4:00

Euchre:
Every Tuesday &
Thursday 5:30



Lewiston 50+ Club

Board of Directors
Meeting
(3rd Monday)
10:00 am