Montmorency County Senior News

11463 McArthur Road, P.O. Box 788, Atlanta, MI 49709 web www.montmorencycoa.org

June, 2024

Issue 87



Office Hours Monday - Thursday 8:30 a.m. - 4:30 p.m.

989-785-2580

MCCOA 2024 Board Meeting Dates

June 20, 2024

July 18, 2024

Aug 15, 2024

Board Meeting 5:30 pm at MCCOA Office

MCCOA BOARD MEMBERS

Randy Wiscombe, Chairperson

Don Edwards , Vice Chairperson

Corleen Proulx, Treasurer

Vacant, Secretary

Vacant, Lewiston Trustee

Don Edwards, County Commissioner

Jacquelyn Lardie, Atlanta Trustee

Joe Bouchey, Hillman Trustee

MCCOA STAFF

Beverly Crawford, Executive Director bcrawford@montmorencycoa.org

Jeanne Steele-Brady, Registered Nurse jsteelebrady@montmorencycoa.org

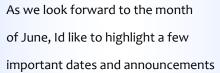
Linda Kline, In Home Coordinator

Ikline@montmorencycoa.org

Karen Balcom, Administrative Assis-

kbalcom@montmorencycoa.org

Director's Corner





for our community. Father's Day is coming up on June 16th, and it's a wonderful opportunity to celebrate and honor the fathers and father figures who have made a significant impact on our lives. Let's take this day to express our gratitude and appreciation for all they do.

Starting June 4th, our Senior Project Fresh coupons will be available for pick-up at the MCCOA office. These coupons provide valuable support for our seniors, allowing them access to fresh and healthy food options. Please make sure to stop by and collect your coupons, by appointment only. Please call the office at 989-785-2580.

On a bittersweet note, we will be saying goodbye to Susan Takash, who is retiring from MCCOA. Susan has been a cherished member of our team, known for her smile, helpfulness, and sense of humor. She will be moving up north to enjoy her retirement, and while we will miss her dearly, we wish her all the best in this new chapter of her life.

COMING SOON! Fresh Produce "Pop-Up Markets"

In an effort to bring fresh, healthy, local and Michigan grown produce directly to our seniors, senior pop-up produce markets will be held weekly on Tuesdays in the senior center parking lots beginning June 25th. Seniors and the general public can purchase fresh produce using cash, check, credit cards, Bridge cards or Senior Project Fresh coupons.

Each Pop-Up Market will be open for approximately two hours, one day per week. The schedule is being finalized, but through-out the growing season Allen's Produce, LLC will have a variety of fruits and vegetables available for purchase. Early in the season, some quantities will be limited but they anticipate having early squash, strawberries and cherries available in June, with the product list expanding to include cucumbers, onions, green beans, corn, tomatoes, peppers, herbs, cabbage, peaches, blueberries, cauliflower, eggplant and much, much more as the growing season progresses through mid October.

Allen's Produce is a family owned and operated farm in Rose City that takes pride in fresh, locally grown produce for their customers. Some early season products are sourced from farms in southern and NW Michigan, but the majority of the produce will be grown within 10 miles of Ogemaw County residents! This means that the produce will be fresher, taste better, last longer and the dollars spent will help grow our local economy.

For questions and more information, contact Steve Wright, Healthy Food Coordinator, healthyfoodnemi@gmail.com or call 989-464-5556.

This initiative is funded in part by Americana Foundation and coordinated by the Healthy NEMI Food Project team who envision a region where local food and farming are an avenue for wealth creation and economic development; where healthy, fresh food is available to all residents in convenient, affordable, and accessible ways; and where farmers are connected to communities.



What's Happening



Please contact the MCCOA office at 989-785-2580 to make an appointment for our next mobile Secretary of State date.

This is a public event for everyone.





HILLMAN - 11 Until Gone

Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

June 5 & 18, 2024

Hillman Contact: Barb Durflinger

989-742-2790

For your safety, this will be a drive up distribution. Please remain in your vehicle.

May pick up for more than one family.

No Income requirements.

May begin earlier to lessen traffic.

First come - First served. Limited supply.

H.A.R.P

Hillman Area Resource Pantry

NEW BEGINNINGS MINISTRIES

16960 Co. Rd. 459

989-742-2539

First Tuesday 9:00-11:00 A.M.

Third Tuesday 4:00-6:00 P.M.

SUMMER WORD SEARCH

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WORD BANK:

BBQ BEACH CAMPING FUN нот

ICE CREAM JUMP KITE PICNIC PLAY

POOL POPSICLE SAND SUMMER SUN

SUNGLASSES SWIM SWING

VACATION



HAVE FUN AND BE SAFE THIS SUMMER

June, 2024 ATLANTA SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.

with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE Call in reservations must be made before 11 am at (989) 785-3932.

At this time walk-in reservations are restricted.

For home delivered meal cancellations please call (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
Atlanta Senior Center 1178 M 33 N 989-785-3932			Burco	Closed
3. Chili Dog Potato Wedges Green Beans Mixed Fruit	4. Homemade Pizza Tossed Salad Winter Blend	5. Meatloaf Macaroni & Cheese Brussel Sprouts Tossed Salad Pears	6. BBQ Chicken Potato Salad California Blend Pineapple	7· Closed
10. BBQ Pork Sandwich Roasted Potatoes Malibu Blend Pineapple	11. Taco's Refried Beans Corn & Black Beans Mandarin Oranges	12. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM	13. Salisbury Steak Mashed Potatoes Carrots Applesauce	14. Closed
17. Spaghetti w/ meat sauce Tossed Salad California Blend Pears	18. Chicken Stir Fry Over Brown Rice Broccoli Peaches	19. Roast Beef Mashed Potatoes Prince Charles Blend Pears	20. BBQ Ribs Baked Potato Peas Pineapple	21. Closed
24. Pork Chop Mashed Potatoes Peas Applesauce	25. Sloppy Joes Potato Wedges Green Beans Mandarin Oranges	26. Chicken w/ Mush- rooms Rice Pilaf Malibu Blend Tossed Salad Peaches	27. Beef Tips & Gravy Over Noodles Broccoli Beets Pears	28. Closed

EXERCISE CLASS

Monday, Wednesday, & Friday

Euchre 2-4 9:00 am—10:15 am

Wednesdays

Atlanta Sr. Center

COMMODITIES

Seniors (40 lbs.) June 18, 2024

12:30-1:00

BUNCO/BINGO

Please call Cathy at (989) 350-5636 for Bunko or Linda for Bingo at (989) 785-6594

To make sure there is a partner available

(Every other Thursday)

Thunder Bay Quilt Guild 10 - 12:30 Tuesday Please call Pam Achatz

June 2024 HILLMAN SENIOR CENTER MENU PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m. with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at (989)742-3013.

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
HILLMAN CENTER 431 PINE VIEW COURT 989-742-3013				Closed
3. Chili Dog Potato Wedges Green Beans Mixed Fruit	4. Homemade Pizza Tossed Salad Winter Blend Mandarin Oranges	5. Meatloaf Macaroni & Cheese' Brussel Sprouts Tossed Salad Pears	6.BBQ Chicken Potato Salad California Blend Pineapple	7. Closed
10. Roast Beef Mashed Potatoes Prince Charles Blend Pears	11. Taco's Refried Beans Corn & Black Beans Mandarin Oranges	12. Chicken w/ Mush- rooms Rice Pilaf Malibu Blend Tossed Salad Peaches	13. BBQ Pork Sandwich Roasted Potatoes Green Beans Pineapple	14. Closed
17. Spaghetti w/ Meat Sauce Tossed Salad California Blend Pears	18. Chicken Stir Fry Over Brown Rice Broccoli Peaches	19. Salisbury Steak Mashed Potatoes 'Carrots Applesauce	20. BBQ Ribs Baked Potato Prince Charles Blend Pineapple	21. Closed
24. Pork Chop Mashed Potatoes Peas Applesauce	25. Sloppy Joes Potato Wedges Green Beans Mandarin Oranges	26. BIRTHDAY TURKEY DINNER CAKE& ICE CREAM	27. Beef Tips & Gravy Over Noodles Broccoli Beets Pears	28. Closed

Commodities
Seniors
(40 lbs.)
June 18, 2024
1:30-2:00

Open at 1pm

Monday thru
Thursday

Puzzles, Wi-Fi &
Library

Hillman Sr. Center

Board of Directors

Meeting

Every 2nd Monday 3 pm

EUCHRE
SUNDAY @ 1:30

Line Dancing and Quilting
Wednesdays at 10 am

EUCHRE TOURNAMENT EVERY 4TH SATURDAY. MEAL AT 5 PLAY AT 6

June 2024 LEWISTON SENIOR MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m. with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M. at (989)786-3124.

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednes-	Thursday	Friday
Lewiston 50 + Club 2811 Kneeland 989-786-3124		Closed		,
3. Chili Dog Potato Wedges Green Beans Mixed Fruit	4. Homemade Pizza Tossed Salad Winter Blend Mandarin Oranges	5. Closed	6. Meatloaf Macaroni & Cheese Brussel Sprouts Tossed Salad Pears	7. BBQ Chicken Potato Salad California Blend Pineapple
10. BBQ Pork Sandwich Roasted Potatoes Malibu Blend Pineapple	11. Taco's Refried Beans Corn & Black Beans Mandarin Oranges	12. Closed	13. Chicken Stir Fry Over Brown Rice Broccoli Peaches	14. Roast Beef Mashed Potatoes Prince Charles Blend Pears
17. Spaghetti w/ Meat Sauce Tossed Salad California Blend Peares	18. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM happy	19. Closed	20. Salisbury Steak 'Mashed Potatoes Carrots Applesauce	21. BBQ Ribs Baked Potato Prince Charles Blend Pineapple
24. Pork Chop Mashed Potatoes Peas Applesauce	25. Sloppy Joes Potato Wedges Green Beans Mandarin Oranges	26. Closed	27. Chicken w/ Mush- rooms Rice Pilaf Malibu Blend Tossed Salad Peaches	28. Beef Tips & Gravy Over Noodles Broccoli Beets Pears

Commodities

Seniors (40 lbs.) June 18, 2024 11:30-12:00 **Exercise Class:**

Monday, Wednesday, Thursday & Friday at 10a.m. Come Join Us!



Euchre:
Every Tuesday &
Thursday 5:30

Every Wednesday

Doors open at 4:00

Lewiston 50+ Club

Board of Directors

Meeting

(3rd Monday)

10:00 am