

Montmorency County Senior News

11463 McArthur Road, P.O. Box 788, Atlanta, MI 49709

web www.montmorencycoa.org

December 2024

Issue 94



Office Hours
Monday - Thursday
8:30 a.m. - 4:30 p.m.

989-785-2580

MCCOA 2024 Board Meeting Dates

December 19, 2024

January 17, 2025

February 2025

Board Meeting 5:30 pm at
MCCOA Office

MCCOA BOARD MEMBERS

Joseph Bouchey, Chairperson

Tom Cox, Vice Chairperson

Corleen Proulx, Treasurer

John Mulholland, Secretary

Vacant, Lewiston Trustee

Vacant, Lewiston Trustee

Jacquelyn Lardie, Atlanta Trustee

Don Edwards, County Commissioner

MCCOA STAFF

Beverly Crawford, Executive Director

bcrawford@montmorencycoa.org

Jeanne Steele-Brady, Registered Nurse

jsteelebrady@montmorencycoa.org

Linda Kline, In Home Coordinator

lkline@montmorencycoa.org

Karen Balcom, Administrative
Assistant

kbalcom@montmorencycoa.org

Dear Participant,

As the Christmas season approaches, we are reminded of the joy in caring, sharing and giving. This time of year brings the warmth of generosity and gratitude, and we are grateful to serve you.

As a friendly reminder, please note that our staff at Montmorency County Commission on Aging cannot accept monetary gifts, in accordance with our organization's strict policy regarding receiving gifts from clients. This policy helps us maintain the integrity of the care we provide and ensures that we can serve you all equally and respectfully.

We wish you and your loved ones a blessed holiday season filled with health, prosperity and happiness. May your Christmas be merry and bright.

This greeting comes with warm wishes from all of us at the Montmorency County Commission on Aging.

Merry Christmas and Happy New Year!



The MCCOA office and Senior Centers will be closed December 24th and 25th and December 31st and January 1st during the Christmas and New Years Holiday to be home with family and friends.

Vegetable Soup with Chicken, Turkey, or Pork

Use leftover ingredients to make this soup for two, and warm yourself up with a simple comfort food.

Yield 4 servings **Cook time** 30 minutes

Ingredients

2 cups broth (chicken, turkey or pork)
1 small onion (cut-up)
1 small celery (stalk, cut-up)
1/2 cup tomatoes (canned or cooked)
1 cup corn (whole kernel, canned or cooked)
1 cup chicken (cut-up, cooked [or turkey or pork])

Steps

1. Heat broth to boiling. Add cut-up vegetables and tomatoes.
2. Cover and boil gently about 30 minutes until vegetables are tender.
3. Add rest of ingredients. Boil gently a few minutes longer to blend flavors.

Couscous With Carrots, Walnuts, and Raisins

This quick-cooking grain dish has a touch of sweet and nutty flavors to go with most main dishes.

Yield 4 servings **Prep time** 5 minutes
Cook time 12 minutes **Total time** 17 minutes

Ingredients

1 cup couscous
1 teaspoon olive oil
2 tablespoons walnut (coarsely chopped)
1/4 teaspoon salt
1/8 teaspoon black pepper
1/2 teaspoon pumpkin pie spice (or cinnamon)
1 1/3 cups water
2 tablespoons raisins
1/2 cup carrots (rinsed, peeled, and shredded or thinly sliced, cut in half)

Steps

1. In a 4-quart saucepan over medium heat, cook and stir couscous, olive oil, walnuts, salt, pepper, and spice just until couscous begins to brown.
2. Slowly add water, then raisins and carrots. Cover. Bring to a boil over high heat.
3. Remove from the heat, and let stand for 10 minutes.
4. Fluff with a fork. Serve immediately.

C P D U U F X F L T V W K E
L D V A Z O M Z D E E Y O C
F J C F E Z U R W J O X O A
H W B B A R A H D G Q N F L
F O I K G Z B R Z W D S G P
Q C X Q Z A V R I M E I R E
W T W I N K L E E B R I E R
C X L E H V L R R G B Q E I
F B U C K K R K K O N O N F
X Y T S Z Y J R L R C I N J
D L I J H V X M O P G V G M
W M K J S W O D Y R X Y A Z
P P M W M I S D R A C F A A
Z O G Z K Y Q P T L M B Q G

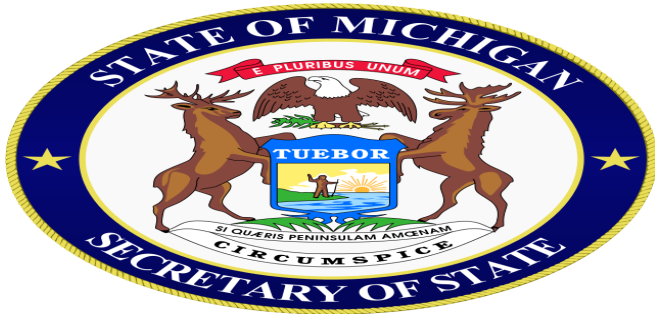
Red
Green
Merry
Noel

Cards
Gingerbread

Ribbon
Twinkle
Blizzard
Fireplace

 Merry 
Christmas!

What's Happening



Please contact the MCCOA office at 989-785-2580 to make an appointment for our next mobile Secretary of State, which will be December 5th from 10am-3pm.

This is a public event for everyone.

MCCOA OFFICE

We have non perishable food items at the MCCOA Office for our seniors.

You may stop in Monday thru Thursday from 9am until 3pm . Please bring your own shopping bags.



HILLMAN - 11 Until Gone

First and Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

December 4th - 18th, 2024

Hillman Contact: Barb Durflinger

For your safety, this will be a drive up distribution. Please remain in your vehicle.

May pick up for more than one family.
No Income requirements.

May begin earlier to lessen traffic.

HILLMAN COMMUNITY CHRISTMAS DINNER

December 25th, 2024

12:00pm - 4:00pm

Free to all Montmorency County Citizens are invited to join us at the Hillman Senior Center to share in food and fun for Christmas Cheer.

You may bring a dish to pass if you would like.

Donations of rolls, bread, pie, cookies, brownies or cupcakes are welcomed.

RSVP to Joe 989-255-4223

H.A.R.P

Hillman Area Resource Pantry

NEW BEGINNINGS MINISTRIES

16960 Co. Rd. 459

989-464-4810 (Juli)

First Tuesday 9:00-11:00 A.M.

Third Tuesday 4-6 P.M.

December 2024 ATLANTA SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.

with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE Call in reservations must be made before 11 am at **(989) 785-3932**.

At this time walk-in reservations are restricted.

For home delivered meal cancellations please call (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
2. Oven Fried Chicken Baked Potato Squash Peaches	3. Lasagna Green Beans California Blend Garlic Bread Mixed Fruit	4. Swiss Steak Mashed Potatoes Carrots Pears	5. BBQ Ribs Baked Potato Malibu Blend Pineapple	6. Closed
9. Smothered Pork Chop Mashed Potatoes Peas Applesauce	10. Homemade Pizza Tossed Salad Green Beans Mandarin Oranges Jello	11. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	12. Beef Pepper Steak over Brown Rice Broccoli Carrots Pears 	13. Closed
16. Sausage & Sauerkraut Parsley Potatoes Squash Applesauce	17. Swedish Meatballs Over Noodles Beets Spinach Mandarin Oranges	18. Baked Chicken Rice Pilaf Coleslaw Malibu Blend Peaches	19. Meatloaf Scalloped Potatoes Peas Mixed Fruit	20. Closed
23. Baked Ham Scalloped Potatoes Prince Charles Blend Pineapple	 shutterstock.com · 1871606479			27. Closed
			Atlanta Senior Center 1178 M 33 N 989-785-3932	29. Closed

EXERCISE CLASS
Monday, Wednesday, & Friday
9:00 am—10:15 am

Wednesdays
Euchre 2-4
Atlanta Sr. Center

COMMODITIES
Atlanta
Seniors Center
First Thursday of Month
December 5, 2024
11:00pm

BUNCO/BINGO
Please call Cathy at (989) 350-5636 for Bunko or Linda for Bingo at (989) 785-6594
To make sure there is a partner available
(Every other Thursday)

Thunder Bay Quilt Guild
10 - 12:30 Tuesday
Please call Pam Achatz

December 2024 HILLMAN SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m. with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at **(989)742-3013.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednesday	Thursday	Friday
2. Oven Fried Chicken Baked Potato Squash Peaches	3. Lasagna Green Beans California Blend Garlic Bread Mixed Fruit	4. Swiss Steak Mashed Potatoes Carrots Pears	5. BBQ Ribs Baked Potato Malibu Blend Pineapple	Closed
9. Smothered Pork Chop Mashed Potatoes Peas Applesauce	10. Homemade Pizza Tossed Salad Green Beans Mandarin Oranges Jello	11. Baked Chicken Rice Pilaf Coleslaw Malibu Blend Peaches	12. Swedish Meatballs Over Noodles Beets Spinach Mandarin Oranges	Closed
16. Sausage & Sauerkraut Parsley Potatoes Squash Applesauce	17. Beef Pepper Steak over Brown Rice Broccoli Carrots Mandarin Oranges	18. HAPPY BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	19. Meatloaf Scalloped Potatoes Peas Mixed Fruit	Closed
23. Baked Ham Scalloped Potatoes Prince Charles Blend Pineapple				Closed
			HILLMAN CENTER 431 PINE VIEW COURT 989-742-3013	Closed

Senior Commodities
Patchwood Plaza
14797 State St, Hillman
Third Wednesday of
Month
January 15, 2025
10:00am

Open at 1pm
Monday thru
Thursday
Puzzles, Wi-Fi &
Library

Hillman Sr. Center
Board of Directors
Meeting
Every 2nd Monday 3 pm
EUCHRE
SUNDAY @ 1:30

Line Dancing and Quilting
Wednesdays at 10 am

EUCHRE TOURNAMENT EVERY 4TH
SATURDAY. MEAL AT 5 PLAY AT 6

December 2024 LEWISTON SENIOR MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M. at **(989)786-3124.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Monday	Tuesday	Wednes-	Thursday	Friday
2. Oven Fried Chicken Baked Potato Squash Peaches	3. Lasagna Green Beans California Blend Garlic Bread Mixed Fruit	4. Closed	5. Swiss Steak Mashed Potatoes Carrots Pears	6. BBQ Ribs Baked Potato Malibu Blend Pineapple
9. Smothered Pork Chop Mashed Potatoes Peas Applesauce	10. Homemade Pizza Tossed Salad Green Beans Mandarin Oranges Jello	11. Closed	12. Baked Chicken Rice Pilaf Coleslaw Malibu Blend Peaches	13. Swedish Meatballs Over Noodles Beets Spinach Pears
16.Sausage & Sauer- kraut Parsley Potatoes Squash Applesauce	17. HAPPY BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	18. Closed	19. Meatloaf Scalloped Potatoes Peas Mixed Fruit	20. Beef Pepper Steak over Brown Rice Broccoli Carrots Mandarin Oranges
23. Baked Ham Scalloped Potatoes Prince Charles Blend Pineapple				Lewiston 50 + Club 2811 Kneeland 989-786-3124
				

Senior Commodities
Bethlehem Lutheran Church
3805 Co Rd 612
Lewiston
December 5, 2024
1100am

Exercise Class:
Monday, Wednesday,
Thursday &
Friday at 10a.m.
Come Join Us!


Every Wednesday
Doors open at 4:00


BINGO

Euchre:
Every Tuesday &
Thursday 5:30

Lewiston 50+ Club
Board of Directors
Meeting
(3rd Monday)
10:00 am