

Montmorency County Senior News

11463 McArthur Road, P.O. Box 788, Atlanta, MI 49709

web www.montmorencycoa.org

April, 2025

Issue 98



APRIL

MCCOA MARCH TOTALS:

3,291 Meals Delivered

1,159 Meals Served

272 Hours In-Home Care

Office Hours
Monday - Thursday
8:30 a.m. - 4:30 p.m.

Friday 8:30-4:30 p.m.

Not open to public on Fridays

989-785-2580

MCCOA 2025 Board Meeting Dates

April 17, 2025

May 15, 2025

June 19, 2025

Board Meeting 4:30 pm at
MCCOA Office

MCCOA BOARD MEMBERS

Joseph Bouchey, Chairperson

Corleen Proulx, Treasurer

Jacquelyn Lardie, Secretary

James Madison, Trustee

John Mulholland, Trustee

MCCOA STAFF

Beverly Crawford, Executive Director

bcrawford@montmorencycoa.org

Jeanne Steele-Brady, Registered Nurse

jsteelebrady@montmorencycoa.org

Linda Kline, In Home Coordinator

lkline@montmorencycoa.org

Michelle Caten, Administrative Assistant

mcaten@montmorencycoa.org



APRIL 23RD FROM 4:00 PM—5:00 PM

ATLANTA SENIOR CENTER

Take Back sites will be accepting:

Pills Liquids Pain Patches Used Syringes

Please clean out your medicine cabinets of unused medications and bring it's contents to the event listed above!

Directors Corner

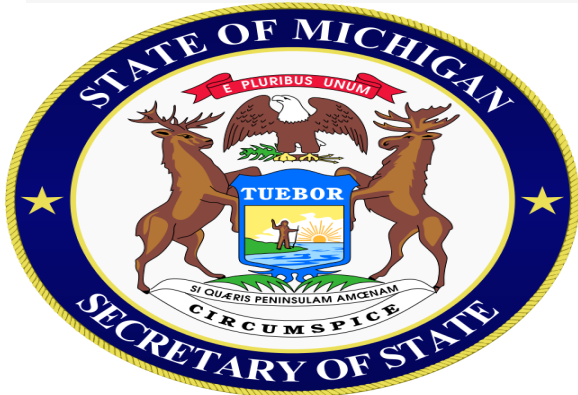
Spring is a season of renewal, growth, and fresh beginnings, and here at the Montmorency County Commission on Aging, we're embracing this time of year with enthusiasm. As the weather warms, we look forward to seeing more of our seniors enjoying the outdoors, whether it's a walk in the sunshine, a trip to the farmer's market, or simply gathering for a meal with friends.

At MCCOA, we continue to focus on providing essential services that support the independence and well-being of our senior community. Our Home-Delivered Meals and Congregate Meal Programs ensure that nutritious food is accessible to those who need it most, while our Personal Care and Respite Services offer vital assistance to individuals and caregivers alike.

As we move forward, I encourage everyone to stay engaged-whether by joining us for a meal, volunteering, or simply spreading the word about the important work we do. Thank you for being part of the MCCOA community and understanding our short staffing situation. We are working on rectifying the situation as we know many of you are currently waiting. Wishing you all a happy and healthy spring!

Beverly Crawford, Executive Director

What's Happening



Our next mobile Secretary of State date will be on Wednesday July 2nd at 10:00am to 3:00pm.

This is a public event for everyone. Please call our office @ 989-785-2580 to make your appointment.

For rentals at the Hillman Senior Center, please contact Fred Kochis at (989) 742-4434. Please leave a message if no answer. Please do not send a text message as this is a landline, thank you.

MCCOA OFFICE

We have non perishable food items at the MCCOA Office for our seniors.

You may stop in Monday thru Thursday from 9am until 3pm .
Please bring your own shopping bags.

HILLMAN - 11 Until Gone

First and Third Wednesday of the Month

PATCHWOOD PLAZA

14797 State Street South, Hillman

April 2nd & 16th, 2025

Hillman Contact: Barb Durflinger

989-742-2790

For your safety, this will be a drive up distribution.

Please remain in your vehicle.

May pick up for more than one family.

No Income requirements.

May begin earlier to lessen traffic.

First come - First served. Limited supply.

H.A.R.P

Hillman Area Resource Pantry

NEW BEGINNINGS MINISTRIES

16960 Co. Rd. 459

989-464-4810 (Juli)

First Tuesday 9:00-11:00 A.M.

ATTENTION EVERYONE THAT PICKS UP COMMODITIES .

Please update your phone number in our MCCOA system by calling the office at 989-785-2580. We are sending out robo calls to remind you of the day of delivery for your monthly commodities.

Foil Dinners

1 pound ground beef (or ground turkey, lean, rinsed and drained)

2 large potatoes (scrubbed, eyes removed, sliced)

1 large onion (peeled and sliced)

2 large carrots (scrubbed and sliced)

1/2 teaspoon salt

Salt, pepper, or other seasonings (such as garlic salt or barbecue seasoning, to taste)

1. Preheat oven to 350 degrees F. Mix 1/2 teaspoon salt into ground beef. Shape meat into 4 flat patties about the size of the palm of your hand.
2. Lay each patty on a piece of foil about 15 inches long. Wash hands carefully after handling raw meat.
3. Top each patty with slices of potato, onion, and carrots.
4. Add salt, pepper, and other seasonings if desired.
5. Wrap each pile in foil and seal tightly. Place on cookie sheet if desired.
6. Bake for 1 hour.
7. Carefully remove very hot packages from oven onto serving plate. Puncture foil to release steam. Cool for several minutes before unwrapping. Before serving, be sure beef is thoroughly cooked. The beef should not be pink and juices should be clear.
8. Refrigerate leftovers within 2 hours of cooking.

Crunchy Chickpea Snacks

1 can chickpeas (garbanzo beans, 14-15 ounce can)

1 tablespoon vegetable oil

1/4 teaspoon salt

1/2 teaspoon cumin

1/8 teaspoon black pepper

1. Preheat oven to 400 degrees F.
2. Wash hands with soap and water.
3. Drain and rinse canned chickpeas. Spread onto plate or cutting board. Pat dry with a clean towel. Add to small bowl.
4. Add vegetable oil, salt, cumin, and black pepper to bowl with chickpeas. Mix until oil and spices are evenly distributed.
5. Spray nonstick cooking spray onto a baking pan or cookie sheet. Spread out chickpeas onto pan.
6. Bake for 40-50 minutes, until chickpeas are lightly toasted

APRIL



APRIL
BLOSSOM
BREEZE
BUD
BULBS
BUNNY
BUTTERFLY
CHICK
DAFFODIL
EASTER
EGGS
GRASS
GREEN
HATCH
JUNE
MARCH
MAY
NEST
PUDDLE
RAINBOW
ROBIN
SEASON
SHOWERS
SUNSHINE
THAW
TULIP
UMBRELLA



DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

F	T	L	Y	T	O	I	B	R	J	K	V	S	B	G	M	U	M	M
A	A	E	J	F	D	L	O	F	U	M	S	O	T	A	F	V	Z	H
U	L	H	P	U	D	D	L	E	P	A	E	E	Y	S	D	T	B	E
S	B	L	U	B	Q	L	F	R	R	Z	T	G	Y	T	H	A	W	U
L	X	Z	B	U	N	N	Y	G	K	Q	B	W	G	F	R	Q	X	M
W	M	S	H	O	W	E	R	S	G	B	L	O	S	S	O	M	C	B
P	W	U	M	P	N	V	A	R	Q	T	G	E	F	G	D	X	Z	R
F	T	N	K	A	K	H	V	H	E	K	P	B	R	E	T	S	A	E
G	E	S	W	O	R	O	B	I	N	C	O	F	R	J	M	P	J	L
M	Y	H	M	L	Y	C	L	L	J	I	Z	B	H	E	D	U	Z	L
N	N	I	Q	Q	I	U	H	I	T	H	R	U	T	Z	E	T	W	A
L	E	N	U	H	S	X	Z	D	U	C	Z	T	P	S	N	Z	Q	A
R	Y	E	Y	Y	N	N	M	O	L	H	N	T	Z	B	E	X	E	F
O	A	U	R	I	U	O	D	F	I	G	E	E	H	G	A	N	Q	T
W	P	I	J	G	G	K	S	F	P	P	J	R	J	I	A	S	A	M
K	R	J	N	Z	B	E	X	A	Y	B	C	F	J	H	A	T	C	H
B	I	S	U	B	U	X	M	D	E	B	F	L	Y	W	M	B	B	H
X	L	M	B	N	O	A	C	T	J	S	U	Y	H	B	H	G	Y	F
X	X	I	J	W	E	W	R	D	V	E	D	D	K	A	A	W	H	M

April, 2025 ATLANTA SENIOR CENTER MENU


PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.

with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$12.00.

MENU IS SUBJECT TO CHANGE Call in reservations must be made before 11 am at **(989) 785-3932.**

At this time walk-in reservations are restricted.

Mon	Tue	Wed	Thu	Fri
	1. Sloppy Joes Roasted Red Potatoes Prince Charles Blend Mandarin Oranges	2. Chicken Parmesan Spaghetti Tossed Salad California Blend Peaches	3. Salisbury Steak Mashed Potatoes Carrots Mixed Fruit	4 CLOSED
7. Baked Ham Sweet Potatoes Brussel Sprouts Pineapple	8. Taco's Refried Beans Corn & Black Beans Mandarin Oranges	10. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	10. Beef Tips & Gravy Over Noodles Brussel Sprouts Beets Pears	11 CLOSED
14. Meatloaf Scalloped Potatoes Green Beans Mandarin Oranges	15. Chicken Alfredo Over Pasta Malibu Blend Tossed Salad Peaches	16. Beef Pepper Steak Over Brown Rice Cauliflower Peas Mixed Fruit	17. Pork Roast Mashed Potatoes Glazed Carrots Applesauce	18 CLOSED
21. Country Fried Steak Mashed Potatoes Mixed Vegetables Pears	22. Lasagna Malibu Blend Tossed Salad Mixed Fruit	23. Chicken Fajita's Spanish Rice Green Beans Peaches	24. Pork Chop Scalloped Potatoes Peas Applesauce	25. CLOSED
28. Veal Parmesan Spaghetti Tossed Salad California Blend Pears	29. BBQ Pork Sandwich Roasted Red Potatoes Prince Charles Blend Pineapple	30. Oven Fried Chicken Baked Potato Mixed Vegetables Peaches	ATLANTA SR CENTER 1 1780 M-33 NORTH (989) 785-3932	

EXERCISE CLASS

Monday, Wednesday, & Friday

9:00 am—10:15 am

Wednesdays

Euchre 2-4

Atlanta Sr. Center

COMMODITIES

Seniors (40 lbs.)

April 3rd, 2025

11:00am-12:00pm

BUNCO/BINGO

Please call Cathy at (989) 350-5636 for Bunko or Linda for Bingo at (989) 785-6594

To make sure there is a partner available

(Every other Thursday)

1:00p.m. until 4:00 p.m.

Thunder Bay Quilt Guild

10 - 12:30 Tuesday

Please call Pam

April 2025 HILLMAN SENIOR CENTER MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:30 p.m. for Congregate meals . Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made before 11 A.M at **(989)742-3013.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Mon	Tue	Wed	Thu	Fri
	1. Sloppy Joes Roasted Red Potatoes Prince Charles Blend Mandarin Oranges	2. Chicken Parmesan Spaghetti Tossed Salad California Blend Peaches	3. Salisbury Steak Mashed Potatoes Carrots Mixed Fruit	4 CLOSED
7. Baked Ham Sweet Potatoes Brussel Sprouts Pineapple	8. Taco's Refried Beans Corn& Black Beans Mandarin Oranges	9. Oven Fried Chicken Baked Potato Mixed Vegetables Peaches	10. Beef Tips & Gravy Over Noodles Brussel Sprouts Beets Pears	11 CLOSED
14. Meatloaf Scalloped Potatoes Green Beans Mandarin Oranges	15. Chicken Alfredo Over Pasta Malibu Blend Tossed Salad Peaches	16. Beef Pepper Steak Over Brown Rice Cauliflower Peas Mixed Fruit	17. Pork Roast Mashed Potatoes Glazed Carrots Applesauce	18 CLOSED
21. Country Fried Steak Mashed Potatoes Mixed Vegetables Pears	22. Lasagna Malibu Blend Tossed Salad Mixed Fruit	23. Chicken Fajita's Spanish Rice Green Beans Peaches	24. Pork Chop Scalloped Potatoes Brussel Sprouts Applesauce	25. CLOSED
28. Veal Parmesan Spaghetti Tossed Salad California Blend Pears	29. BBQ Pork Sandwich Roasted Red Potatoes Prince Charles Blend Pineapple	30. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM	HILLMAN CENTER 431 PINE VIEW COURT 989-742-3013	

Senior Commodities

Patchwood Plaza
14797 State St, Hillman
Third Wednesday of
Month
April 16th, 2025
10:00am

Open at 1pm

Monday thru
Thursday
Puzzles, Wi-Fi &
Library

Hillman Sr. Center

Board of Directors

Meeting

Every 2nd Monday 3 pm

EUCHRE

SUNDAY @ 1:30

Line Dancing and Quilting

Wednesdays at 10 am

EUCHRE TOURNAMENT EVERY 4TH

SATURDAY. MEAL AT 5 PLAY AT 6

April 2025 LEWISTON SENIOR MENU

PROVIDED BY MONTMORENCY COUNTY COMMISSION ON AGING

Doors will open at 4:00 p.m. for Congregate meals. Dinner served at 5:00 p.m.
with a suggested donation of \$3.50 for seniors 60 years and older; the meal cost for under 60 is \$6.00.

MENU IS SUBJECT TO CHANGE. Call in reservations must be made **before 11 A.M. at (989)786-3124.**

At this time walk-in reservations are restricted.

FOR HOME DELIVERED MEAL CANCELLATIONS PLEASE CALL (989)785-2580 Before 11:00

Mon	Tue	Wed	Thu	Fri
Join us at 4:00 for Soup and Salad Bar available for \$1.00 each	1. Sloppy Joes Roasted Red Potatoes Prince Charles Blend Mandarin Oranges	2 CLOSED	3. Chicken Parmesan Spaghetti Tossed Salad California Blend Peaches	4. Salisbury Steak Mashed Potatoes Carrots Mixed Fruit
7. Ham Sweet Potatoes Brussel Spouts Pineapple	8. Taco's Refried Beans Corn & Black Beans Mandarin Oranges	9. CLOSED	10. Oven Fried Chicken Baked Potato Mixed Vegetables Peaches	11. Beef Tips & Gravy Over Noodles Brussel Sprouts Beets Pears
14. Meatloaf Scalloped Potatoes Green Beans Mandarin Oranges	15. BIRTHDAY TURKEY DINNER CAKE & ICE CREAM 	16. CLOSED	17. Beef Pepper Steak Over Brown Rice Cauliflower Peas	18. Closed Good Friday
21. Country Fried Steak Mashed Potatoes Mixed Vegetables Pears	22. Lasagna Malibu Blend Tossed Salad Mixed Fruit	23 CLOSED	24. Chicken Fajita's Spanish Rice Green Beans Peaches	25. Pork Chop Scalloped Potatoes Brussel Sprouts Applesauce
28. Veal Parmesan Spaghetti Tossed Salad California Blend Pears	29. Pork Roast Mashed Potatoes Glazed Carrots Applesauce	30 CLOSED	Lewiston 50+ 2811 Kneeland (989) 786-3124	

Senior Commodities

Bethlehem Lutheran
Church
3805 Co Rd 612
Lewiston
April 3rd, 2025
11:00-12:00

Exercise Class:

Monday, Wednesday,
Thursday &
Friday at 10a.m.
Come Join Us!

Euchre:

Every Tuesday & Thursday 5:30

BINGO Every Wednesday

Doors open at 4:00



Lewiston 50+ Club

Board of Directors

Meeting

(3rd Monday)

10:00 am